



Tabor Academy Summer Program

2018 Activity and Enrichment Course Offerings



Summertime is meant to be FUN and TASP offers a wide range of engaging activities. You will play, swim, act, create, and sail throughout Tabor's 85-acre campus and Sippican Harbor. Our tennis courts, track, seven playing fields (*including our turf facilities*), invite you to play sports and games, and our waterfront rivals those of most universities and yacht clubs. You can take advantage of our state of the art Athletic Center, home to our international squash courts, multipurpose gym, fitness center, weight rooms, and much more. Our enrichment course offerings allow campers to learn something new, expand their knowledge, and explore their interests. Campers can take advantage of Tabor's state of the art facilities, including the Science and Math Wing, the Braitmeyer Art Center, and the Marine and Nautical Science Center.

SIGNING UP: Your child must be enrolled in the program to sign up for activities/courses.

- Go to your [Camp In Touch Account](#) and click on *Forms & Documents*.
- Find the Activities Preferences form and fill out your selections. Activities/courses are assigned based on your registration date. The top choice is considered your #1 choice and the other choices will be tallied in the order you submit them - first choices first, second choices second. There are 3 periods in a half day program and 6 periods in a full day program. Please refer to our daily schedule at <http://taborsummer.org/daily-schedule>. Please note that "Period D" is rest period for our residential campers and group activities for our day campers (*Tidal Time*).
- Please choose 5 options for a half-day camper and 8 options for a full day/residential camper.

PLEASE NOTE:

- We recommend that campers do not take more than 2 enrichment courses because we believe that children should also have time to enjoy outdoor and physical activities.
- Enrichment courses will be assigned first to your camper as not every course is offered every block during the day. Activities are then assigned to complete a camper's schedule. Some offerings require a 2-week (*consecutive*) enrollment.
- Friend requests for day groups and/or scheduling for the same activities/course cannot be guaranteed. Any activities/courses that have grade specifications, the camper must be entering into the required grade the following fall in order to enroll.
- We strongly encourage children to stay in their activities/courses for the duration of their program as we feel it helps them build connections with their counselors, other campers and helps them further develop their skills in their chosen activity/course. If they wish to change from one activity to another can fill out a schedule change request form **by lunch on Thursday** before the weekend. Only activities/courses with room will be available.
- TASP supplies all equipment needed for activities; if your child brings their own please clearly mark each item with their name. Children are responsible for their property as TASP is **not liable** for any loss, theft, or damage to your camper's belongings.

ONLINE FORM EXAMPLE:

Electives	Requests
GoPro™ at TASP	Baseball
Gymnastics	Crafts
Lacrosse	Squash
Marine Science III-Independent Research	Marine Science III-Research Methods
Marine Science III-Oceanography	
Marine Science II-Marine Biology	
Marine Science II-Marine Vertebrates	
Pyrography	
Sailing (2-week enrollment commitment)	
Soccer	
SSAT Prep	
Swimming	
TASP Newspaper	
Tennis	
Theater Arts	

Once you select a choice, click on this button to move the choice to **REQUESTS** column.

Reorder your requests by the using the up and down arrows.

TASP ACTIVITIES

Please note: if enrollment is low, an activity may be cancelled for the summer.

Art

Calling all young budding artists. This activity is designed to encourage your artistic expression, art appreciation, understanding, and imagination. You will have the chance try out fun new art processes and exhibit your work.

Baseball

Learn the art of throwing, hitting, fielding, base running, and pitching! Get the tools necessary for the next level of play. You will work hard, make new friends, and have fun while focusing on great sportsmanship.

Basketball

There's plenty of time to practice your shot! You will learn proper ball handling techniques, how to shoot, how to play both offense and defense, and how to be a member of a team.

Clay (2 consecutive week enrollment commitment)

This is a hands-on experience for you to learn the craft of clay, while having fun and exploring your creativity. A wide variety of ceramic techniques are taught from throwing simple pieces on the potter's wheel, shaping clay into pinch pots, decoration, glazing, and firing.

Crafts

Keep those hands (*and minds*) busy. It is here that you will explore activities that you can have fun with. Learn how to make cool crafts, create critters, sew, glue, paint, and much more! Ready? Great! Let's Go...

Drama

Develop your talents in the arts in this fun, non-competitive atmosphere. It's all about expressing yourself! Show off your talent in mini-productions, presented at the end of each week where you will have a chance to shine on stage.

Field Hockey

You will play on Tabor's state of the art turf field. You will develop your stick work, your game play, and further develop your love of the game.

Flag Football

Learn flag-style football with focus on formations, skill development, and field play execution.

Gymnastics (in partnership with Bay State Gymnastics)



Learn strength, balance, and body control by performing acrobatic feats such as leaps, flips, turns, handstands, and more. Instruction will be taught on balance beams, regular bars, vault, and floor exercises.

Lacrosse

Played on Tabor's state of the art turf field, it is an exhilarating, fast-paced sport full of action. You will sprint up and down the field with abrupt starts and stops and make precision passes and dodges. Lacrosse is played with a stick called the "Crosse", which you will learn how to throw, catch, and scoop a ball. Play is with soft/tennis balls. No pads or helmets required.

Ninja Warrior (2nd to 4th grade; first 3 weeks ONLY; in partnership with Baystate Gymnastics)



NEW 2018!

Campers will learn how to express themselves through movement, focusing primarily in improving full upper body strength in fun, challenging ways while teaching visually exciting and creative moves and techniques on a variety of age appropriate obstacles.

Pyrography for Beginners (7th to 10th grade)

“Pyrography” is a term meaning "writing with fire". You will experience the traditional art of using a heated tip or wire to burn or scorch designs onto natural materials such as wood or leather.

Sailing (2 consecutive week enrollment commitment, limited capacity)

Whether you are a beginner or experienced sailor, our instructors will teach you to harness the wind and master various points of sailing. There are eight total levels of sailing offered at TASP within beginner, intermediate, and advanced classifications. A beginner sailor is considered a camper who has very little or no sailing experience. Intermediate campers have sailed at TASP before or have some prior experience sailing. Advanced sailors are those sailors who have considerable experience and/or have worked their way through the TASP sailing program. Our sailing fleet includes Optis, Sunfish, and Tabor's new Quest sailboats.

Soccer

The game of soccer, more commonly referred to outside the United States as football, has long been one of the most popular sports in the world. You will have the opportunity to develop your technical skills, and increase your tactical knowledge while having a blast!

Squash

Hitting and returning in Tabor's international squash courts, you will learn the strategies of squash and immerse yourself in the sport. Take turns hitting the ball against the front wall, above the tin and below the out line.

Swimming (6 levels of American Red Cross instruction)

Learn the basics or improve your stroke, swimming has always been an integral part of our program. Our swim dock and float are located directly on Sippican Harbor. We offer 6 levels of instruction focusing on technique and skills, taught by instructors under the direction of a water safety instructor. Come swim with us!

Tennis (3 levels)

Whether you are just starting out or a more advanced player, we offer 3 levels of instruction geared towards improving your tennis game. Players receive first class instruction, including strokes, drills, and match play.

Ultimate Frisbee (4th to 10th grade, afternoons only)

Huck a disk down the field for the score. Learn the flick, backhand, and hammer in Ultimate Frisbee, an exciting, non-contact team sport, played by thousands the world over. Come join the fun!

Volleyball

Spike, set, return! Play volleyball on our grass court on the waterfront. Learn the basic skills that will allow you to play the game year-round.

Yoga

Downward Facing Dog, Warrior 1, and Half Moon poses are just several of the positions you will discover in yoga. Learn appropriate poses, breathing exercises, chanting, meditation, and relaxation techniques for an overall sense of well-being. Namaste!

Zumba

This activity blends upbeat world rhythms with easy-to-follow choreography to give you a total-body workout!

TASP ENRICHMENT COURSES

Please note: if enrollment is low, a course may be cancelled for the summer.

Be a BLOGGER! (5th to 10th grade) NEW 2018!

Have a passion, funny story, or an opinion on a debatable subject? Blogging has quickly become one of the most popular ways of communicating and spreading information and news. Campers will be able to express themselves, while improving their writing skills and sharing information with others. Keep it real, relax and write!

Bulls and Bears - Stockmarket (4th to 10th grade)

What happens when stocks rise and fall and how does the whole process work? Learn how the stock market works, and then invest your TASP money and see how your portfolio does over three weeks. Big companies or small companies? McDonald's or Apple? The choice is up to you.

Crack the Cube - Rubik's Cube™

Ever wonder how some people can solve the Rubik's Cube™ with such ease? Is there a formula to the solution or do some people just have what it takes to get each side to be its own color? You will find answers to these questions and learn to solve the Rubik's cube in three weeks! Once you've mastered the six-sided cube, sign up for the advanced class to work on more advanced puzzles. Once you've mastered the traditional six-sided Rubik's Cube™ you will take on multisided cubes and race against the clock to solve these puzzles.

Creative Writing (5th to 10th grade)

Explore your ability in the writing of various forms of poetry, prose, and drama. Emphasis is placed on rewriting and sharing of each student's work with the rest of the class. Campers should be proficient in English grammar, usage, and diction.

Debate and Public Speaking (6th to 10th grade)

Learn the art of public speaking with a focus on debate. Develop confidence in communicating verbally and listening actively through speaking and debate exercises.

Digital Photography (5th to 10th grade, 2 week enrollment commitment)

Snap and Click ~ Shoot pictures of our beautiful campus and/or your fellow campers and then come into the lab and learn how to use software to edit and alter your photographs. Campers will be introduced to Photoshop and InDesign and develop skills in shooting and printing digital photographs.

English as a Second Language (ESL) I: The American Experience

This course will focus on conversation, building vocabulary, and learning English grammar and is designed for beginner English speakers. ESL I also exposes students to American Culture.

English as a Second Language (ESL) II: TOEFL Preparation (3rd to 10th grade)

This class will focus on students who wish to study at an independent school and will include TOEFL prep, as well as reading, writing and grammar.

Game Theory (8th to 10th grade; first 3 weeks ONLY)

"Shall we play a game?" Have you heard of the Prisoner's Dilemma? If not, come learn about this famous puzzle as well as others. Examine game theory and then apply it to a variety of problems to arrive at a solution. You will even explore designing your own game!

GoPro™ at TASP, (7th to 10th grade)

Take the incredibly small Go Pro camera and put your creative spin on video making! Mount it on a variety of objects from sailing masts to lax sticks and much more. Capture incredible video of you and your friends at TASP and then edit it to create an awesome video!

Introduction to Drone Technology (6th to 8th grade)

Nanoblades? Microquad? Minidrone? Quadcopter? Drone? RTF? RC? FPV? DJI? Hubsan? Parrot? 3D Robotics? It's enough to make your head spin!!! Intro to Drone Tech will help sort through all the terminology, introduce campers to the science of flight and explore how the rapidly-growing drone industry is changing the way we view our world. Best of all, we will have a whole lot of fun flying a variety quad copters.

Lego City™ (2nd to 4th grade) NEW 2018!

Excited to build and create? Learn to collaborate with other campers and create without fear of mistakes. Each day campers build upon the skills they learned the previous day. Sets are based on city life, with the models depicting city and emergency services such as police and fire, airport, train, construction, and civilian services.

Lego Friends™ (2nd to 4th grade) NEW 2018!

Excited to build and create? Learn to collaborate with other campers and create without fear of mistakes. Each day campers build upon the skills they learned the previous day. Sets are based on the everyday lives and personalities of five girls in a fictional hometown called "*Heartlake City*."

Marine Science-Coastal Critters (2nd to 4th grade)

Come join us on field excursions and discover what critters live in the coastal marine environment. While exploring the salt marsh and local beaches, students will learn how marine plants and animals are able to survive the harsh conditions they are exposed to each day. Students will enjoy collecting animals and studying them.

Marine Science- Marine Biology (5th to 10th grade)

In this popular marine science class students will explore the coastal ecosystems and learn about the communities that thrive there. Students will have many opportunities to learn outdoors about the adaptations and survival strategies of local marine plants and animals. As part of a hands-on learning approach, students will enjoy collecting and caring for marine organisms in individual laboratory aquariums.

Marine Science-Oceanography (6th to 10th grade)

Come learn about the physical aspects of our blue planet and discover the workings and impacts of tides, currents and waves. Students will gain an understanding of ocean zones, plate tectonics, and the mysteries of the deep. They will enjoy field excursions and a chance to take measurements with the use of oceanographic tools.

Marine Science-Research Methods (6th to 10th grade)

This course will allow students to use all of the sampling and research equipment at the Marine Science Center. Each student will learn how to sample the chemical, physical, meteorological, and biological parameters of the local environment with the help of the TASP Marine Science educational staff. The outdoor aspect of the course will include a comprehensive understanding of the water sampling and specimen collection techniques, including the capture techniques, observation strategies, and identification of the specimens.

Rocketry (3rd to 6th grade)

5, 4, 3, 2, 1...lift off! Build and launch your own model rockets while learning about aerodynamics, the science of propulsion, flight and recovery as you pursue more successful flights.

SSAT Prep (7th to 9th grade, 5 consecutive week enrollment commitment)

Looking to enroll at a private school? Join this preparatory course and investigate the expectations, methods, and tools needed to successfully prepare for the Secondary School Admissions Test (SSAT). Learn about vocabulary, mathematics, problem solving, reading comprehension and other SSAT issues. Summit Educational materials are used for the course and every camper enrolled will receive a study book to take home. This course is best suited for campers taking the SAT in the fall of 2018.

TASP Newspaper (5th to 10th grade)

Have you ever wanted to be an on the scene reporter? Dreamed of publishing news stories and photos of the action of TASP? In this course you will learn the process of producing, editing, and publishing a newspaper. The newspaper will be produced for distribution at the end of the third and sixth weeks of camp; copies will be mailed to class participants not enrolled during those weeks.

Theater Arts (6th to 10th grade)

“To be or not to be...an actor/actress? That is the question!” A performance-based course for students with theatrical experience. Come find out if you have what it takes to perform. This is for campers who have some theatrical experience. In preparation for a production, the students will explore aspects of acting, directing, and stagecraft. Join us on stage!