



Tabor Summer Camp

2023 Program Offerings

Summertime is meant to be FUN, and the Tabor Summer Camp offers a wide range of FUN and engaging activities. Campers will play, swim, act, create, and sail throughout Tabor's 85-acre campus and Sippican Harbor.

Campers will take advantage of our state-of-the-art facilities including our, athletic center, visual and performing art facilities, classrooms, and the marine science center. Our tennis courts, track, seven playing fields (*including our turf facilities*), and our waterfront rivals those of most universities and yacht clubs. Our sailing docks are literally in our back yard. Come experience an unforgettable summer by the sea!

SIGNING UP:

- Your child must be enrolled in the program to sign up for offerings.
- Go to your [Camp In Touch Account](#) and click on *Forms & Documents*.
- Find the **Activities Preferences form** and fill out your selections. The top choice is considered your #1 choice and the other choices will be tallied in the order you submit them - first choices first, second choices second.
- There are 3 periods in a half day program and 6 periods in a full day program. Please refer to our daily schedule at <http://taborsummer.org/daily-schedule>. Please note that "Period D" is group activities (*Tidal Time*), selected by your camper each day.
- **Please chat with your camper about their interests before selecting options.** Select 5 options for a half-day camper and 8 options for a full day campers.

Electives

- Art
- Baseball
- Basketball
- Clay (enroll 2 wks)
- Crack the Cube
- Creative Crafts
- Creative Writing
- Drama
- Field Hockey
- Flag Football
- Gymnastics
- Gymnastics

Requests

- Drama
- Field Hockey
- Flag Football

Make your selections by clicking on the activity name, then click on this arrow to move them to the **REQUESTS** column.

Once all your selections are made, you may re-order by preference using the up and down arrows.

PLEASE NOTE:

- All offerings are non-competitive and start at beginner level instruction, unless specific levels are noted.
- Scheduling is not done until the week before the summer program begins, when the staff arrives, and campers receive their schedules on their first day.
- Some offerings require a **consecutive enrollment period.**
- For any offerings that have grade specifications, the camper must be entering into the required grade the following fall.
- We cannot accommodate requests for family/friends to be placed in the same activities.
- We strongly encourage children to stay in their scheduled activities for the duration of their program as we feel it helps them build connections with their counselors, other campers and helps them further develop their skills in their chosen activity/course.
- Activity change request policy, once camp has started (*based on availability*):
 - * **Campers attending 1 week:** AFTER the first day, please email the Activity Department staff at TASPActivity@taboracademy.org.
 - * **Campers attending consecutive week(s):** Campers attending the following week must request a schedule change in person on Thursday at lunchtime.
 - * **Campers attending non-consecutive week(s):** Please update your preference sheet, located in your CIT account.
- TABOR SUMMER CAMP supplies all equipment needed for activities. If your child brings their own equipment *clearly mark each item with their name*. Children are responsible for their property as TABOR SUMMER CAMP is **not liable** for any loss, theft, or damage to your camper's belongings.

TABOR SUMMER CAMP 2023 ACTIVITY OFFERINGS

PLEASE NOTE: If enrollment is low for any activity offering it may be cancelled.

Archery *NEW 2023!*

Archery a terrific solo sport. Campers are taught how to set up a proper line of archers, how to put on an arm guard, and load and shoot arrows. Staff will oversee stance and arrow release.

Art

Calling all young budding artists. This activity is designed to encourage your artistic expression, art appreciation, understanding, and imagination. You will have the chance to try out fun new art processes and exhibit your work.

Baseball

Learn the art of throwing, hitting, fielding, base running, and pitching! Get the tools necessary for the next level of play. You will work hard, make new friends, and have fun while focusing on great sportsmanship.

Basketball

There's plenty of time to practice your shot! You will learn proper ball handling techniques, how to shoot, how to play both offense and defense, and how to be a member of a team.

Ceramics (2 consecutive week enrollment commitment)

This is a hands-on experience for you to learn the craft of clay, while having fun and exploring your creativity. A wide variety of ceramic techniques are taught from throwing simple pieces on the potter's wheel, shaping clay into pinch pots, decoration, glazing, and firing. Note, the last week campers will use air drying clay.

Chess *NEW 2023!*

Campers will be introduced to the history and game of chess and learn tactics and strategies in all phases of the game...opening, middlegame, endgame. Campers will be taught how to effectively analyze their own game and build their critical and strategic thinking, leadership, and teamwork skills through group play.

Coding Through Game Design (5th to 10th grade)

Computer programming has fast become an essential skill for the 21st century...come see what it's all about! In this course, you will not only learn and practice the fundamentals of coding, but also the software engineering design process from idea to product, all through the lens of video game design. Whether you have no experience or have written your own programs before, this fun, project-based course will help you improve your skills and learn how to design a game and code yourself. Step into the future!

Crack the Cube - Rubik's Cube™

Ever wonder how some people can solve the Rubik's Cube™ with such ease? Is there a formula to the solution or do some people just have what it takes to get each side to be its own color? You will find answers to these questions and learn to solve the Rubik's cube!

Creative Crafts

It is here that you will explore activities that you can have fun with. Learn how to make cool crafts, create critters, sew, glue, paint, pyrography, make jewelry, and much more! Ready? Great! Let's Go...

Digital Photography (5th to 10th grade)

Snap and Click ~ Shoot pictures of our beautiful campus and/or your fellow campers and then come into the lab and learn how to use software to edit and alter your photographs. Campers will be introduced to Photoshop and InDesign and develop skills in shooting and printing digital photographs.

Drama

Develop your talents in the arts in this fun, non-competitive atmosphere. It's all about expressing yourself! Show off your talent in mini productions presented at the end of each week where you will have a chance to shine on stage.

Field Hockey

Played by boys and girls worldwide, it is a fast-paced game you will love. You will play on Tabor's artificial turf field. You will develop your stick work, your game play, and further develop your love of the game.

Flag Football

Engage in a fun, non-contact flag-style football experience with focus on formations, skill development, and field play execution. Ready, set, hike!

Home Economics Discovery (7th to 10th grade) *NEW 2023!*

Come learn the "lost art" of home economics. Each day we will focus on a different skill through a hands-on and critical thinking approach. Learn life skills like meal planning, money saving strategies, managing schedules, sewing basics, and organization...while having FUN doing it!

Kayaking *NEW 2023!*

Kayaking will help build paddling skills, confidence, and an appreciation for our beautiful harbor. Each day we will review and progress our kayaking skills, focusing on "water safety" and using fun and interactive games to develop skills

Lacrosse

Played on Tabor's artificial turf field, it is an exhilarating, fast-paced sport full of action. You will sprint up and down the field with abrupt starts and stops and learn to make precision passes and dodges. Lacrosse is played with a stick called the "Crosse", which you will learn to use to throw, catch, and scoop a ball. Play is with soft/tennis balls. No pads or helmets required.

Marine Science

- **Coastal Critters (2nd to 4th grade)**

Come join us on field excursions and discover what critters live in the coastal marine environment. While exploring the salt marsh and local beaches, campers will learn how marine plants and animals are able to survive the harsh conditions they are exposed to each day. Campers will enjoy collecting animals and studying them throughout the summer.

- **Marine Science - Marine Biology (5th to 7^h grade)**

In this popular marine science course, campers will explore the coastal ecosystems and learn about the communities that thrive there. Campers will explore outdoors and learn about the adaptations and survival strategies of local marine plants and animals. As part of a hands-on approach, students will enjoy collecting and caring for marine organisms in individual laboratory aquariums.

- **Marine Science - Field Research (8th to 10th grade)**

Come learn about the physical aspects of our blue planet and discover the workings and impacts of tides, currents, and waves. Campers will gain an understanding of ocean zones, plate tectonics, and the mysteries of the deep. They will enjoy field excursions and use oceanographic tools.

Mind, Body, & Spirit

Children need to enhance their ability to self-soothe for their physical and mental health. This activity is highly influenced by yoga and movement to help build strength and a healthy and sustainable body. Benefits include mindfulness and listening to the body while learning techniques to alleviate stress.

Minecraft™ (3rd to 8th grade)

This game has gained traction as an educational tool and is acknowledged as an important vehicle for engaging children in STEM. Campers will create themes, storylines, dialogue between characters, objectives, goals, and more. Instruction will be focused on learning about digital citizenship, sustainability, architecture, collaboration, and critical thinking.

Nature Quest

Do you love the outdoors? Do you want to connect with nature? Campers will have a chance to explore and gain confidence in the natural world. Activities will include, hiking local trails, visiting our shores, creating nature art, growing micro-greens, and more.

Pickleball *NEW 2023!*

Do you enjoy tennis, badminton, and ping-pong? You will love PICKELBALL! Over the last few years, pickleball has been rising in popularity. In fact, pickleball is considered one of the fastest-growing sports in the United States. Come learn about grips, stroke development, dink shot, serves & returns, and the rules and etiquette of the sport!

Sailing

Whether you are a beginner or experienced sailor, our instructors will teach you to harness the wind and master various points of sailing. There are eight total levels of sailing offered at TABOR SUMMER CAMP within beginner, intermediate, and advanced classifications. A beginner sailor is considered a camper who has very little or no sailing experience. Intermediate campers have sailed at camp before or have some prior experience sailing. Advanced sailors are those sailors who have considerable experience and/or have worked their way through our sailing program. Our sailing fleet includes Optis, Sunfish, and Quest sailboats.

Stitch & Sew *NEW 2023!*

Sewing is more than just a remedy for the holes in your clothes, it's a form of art that can open your imagination and creativity. Learn the basics of various types of fabric, stitches, and terminology all while creating a FUN project to take home.

Soccer

The game of soccer, more commonly referred to outside the United States as football, has long been one of the most popular sports in the world. You will have the opportunity to develop your technical skills and increase your tactical knowledge while having a blast!

Squash

Hitting and returning in Tabor's international squash courts, you will learn the strategies of squash and immerse yourself in the sport. Take turns hitting the ball against the front wall, above the tin, and below the outline to gain a point. Learn the basics so you can challenge anyone to a game!

Swimming

Swimming has always been an integral part of our program. Come learn the basics or improve your stroke. Our swim dock and float are located directly on Sippican Harbor. We offer instruction focusing on technique and skills. Taught by lifeguard instructors under the direction of a water safety instructor, campers enjoy the cool ocean water!

Tennis

Whether you are just starting out or a more advanced player, we offer 3 levels of instruction geared towards improving your tennis game. Players receive first class instruction, including strokes, drills, and match play.

Ultimate Frisbee

Huck a disk down the field for the score. Learn the flick, backhand, and hammer in ultimate frisbee, an exciting, non-contact team sport, played by thousands the world over. Come join the fun on one of our grass fields!

Volleyball

Spike, set, return! Play volleyball on our grass court on the waterfront (*indoors if inclement weather*). Learn the basic skills that will allow you to play the game year-round.

Join us for a Summer by the Sea!

